



FESTIVE & HOLIDAY MENU 2024



# [ HAPPY HOLIDAYS & BLESSED NEW YEAR! ]

Parlato's Catering is GTA best-loved, full-service caterer.

From catering a homemade turkey dinner with all the trimmings, to a lavish cocktail party with delectable passed hors d'oeuvres and exciting food stations, we have seasonal menus for all your special event catering needs.

Whether you are planning a small family gathering or a large-scale company luncheon or gala, our professional event planners will work with you to create a memorable and distinctive event for your unique requirements.



# Parato's

# OUR EVENT PLANNING TEAM CAN ASSIST WITH ]

- Designing a customized catering menu that reflects your vision, budget, and preferences.
- Special dietary requirements such as vegetarian, vegan, gluten-free, and allergies.
- Booking professional waitstaff and bartenders to ensure a flawless service
- Assisting with any rental requirements such as China, stemware, tables, linens & more!
- Venue recommendations.
- Decor and event design to transform your event space.
- Bar stocking and bartending services.

# [ WHAT DO THE ICONS MEAN ]

- Gluten Free
- Dairy Free
- Nut Free
- Vegetarian

# [ MENU CONTENTS ]

- Festive Turkey Feast
  - Yuletide Yummy
    - Gourmet Trays
- Signature Holiday Boards
  - Hors D'oeuvre Bites
    - Mini Sweets,

Cupcakes & Cakes

FAQ's



Estimates based on food pricing only.
Staffing, rentals, beverages, gratuity & taxes are not included.
Prices can change without notice depending on season & market conditions

# [ FESTIVE TURKEY FEAST ]

### **SERVED BUFFET STYLE**

\$35 Per Person + Tax

### **CARVED TURKEY**

winter herb & butter brined, with homemade stuffing & baked on root vegetables, carved with white & dark meat separately

OR ]

### **WHOLE TURKEY**

winter herb & butter brined, stuffed with homemade stuffing & baked on root vegetables

\*Minimum of 12 guests

### **ALL SERVED WITH**

- christmas salad (\*) (\*)
- sauteed green beans 🚱 🕜
- traditional herb stuffing
- turkey gravy
- cranberry sauce (P) (V)
- buns & butter





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# YULETIDE YUMMY

### YOUR BEYOND TURKEY ALTERNATIVES

SALADS

serve up to 10ppl

[ MAINS ]

minimum 10 orders

### CHRISTMAS SALAD 🐠 🥏 \$ 60





mix green, tangerine, dried cranberry, pecan, feta crumble, honey mustard vinaigrette

### SPINACH & STRAWBERRY SALAD (\*) (\*) \$40





spinach, strawberry, lemon juice, honey, mozzarella, balsamic vinegar, crumbled goat cheese, red onions, roasted almond

## PEAR SALAD (\*) (\*) \$60

arugula, gorgonzola cheese, walnuts and parlato's honey vinaigrette

## ITALIAN SALAD 🐠 🕜 🥏 👄 🗘 \$ 55

lettuce, arugula, tomato, red onions, cucumbers, carrots, and parlato's vinaigrette

### ARUGULA SALAD 🐠 🥏 👄 \$ 40

arugula, cherry tomatoes, grana padano cheese flakes, lemon vinaigrette dressing

### ROASTED BEEF (\*)

blended with white wine, flavored with fresh herbs, and served with a gravy sauce

6 oz Boneless Prime Rib \$ 28 5 oz Top Sirloin \$17

### MAPLE GLAZED SALMON 4 \$ 16





5 oz atlantic salmon glazed in maple sauce

### **ROASTED WHOLE CHICKEN \$40**

italian herb, garlic & onions stuffed roasted halal whole chicken, rosemary jus (serve 4-5 guests)

### EGGPLANT PARMIGIANA M: \$ 65 L: \$ 125

eggplant parmigiana with mozzarella, grated parmesan, basil, slow cook homemade tomato sauce (vegan available)





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# [ YULETIDE YUMMY CONT'D]

### YOUR BEYOND TURKEY ALTERNATIVES

[ SIDES ]

minimum 10 orders

MASHED POTATOES M: \$ 65 L: \$ 130

butter, milk, nutmeg, grated cheese, salt & pepper

ROASTED FINGERLING POTATOES 

M: \$ 50 L: \$ 100

with olive oil, garlic, and rosemary

BACON BRUSSEL SPROUTS 

M: \$ 75 L: \$ 155

sauteed with onions, bacon, salt & butter

GRILLED MIX SEASONAL VEGETABLES V M: \$70 L: \$150

red peppers, zucchini, red onions, eggplant with olive oil, garlic, and parsley

SAUTEED VEGETABLES V M: \$65 L: \$130

mix peppers, zucchini, red onions, eggplant, mushrooms with olive oil, garlic and herbs

BAKED ASPARAGUS V M: \$ 60 L: \$ 120

baked with garlic & olive oil

# [ ADD PASTA TO YOUR HOLIDAY MENU ]

Medium Serve up to 10 ppl & Large up to 20 ppl

LASAGNA BOLOGNESE M: \$ 90 L: \$ 165

with a bolognese ragù, bechamel, mozzarella, basil, and grated parmesan

with vegan ragù, bechamel, mozzarella, basil, and grated parmesan

STUFFED MEAT SHELLS 
M: \$ 60 L: \$ 120

with ground beef, mozzarella, bechamel, tomato sauce and grated parmesan

**VEGETARIAN STUFFED SHELLS** (a) (b) M: \$ 70 L: \$ 130

with ricotta, spinach, and grated parmesan, topped with tomato sauce

GNOCCHI SORRENTINA (1) (a) (b) (b) (c) M: \$ 60 L: \$ 110

with tomato sauce, mozzarella, basil and grated parmesan

RIGATONI ALLA SICILIANA 🏵 🥏 🖯 M: \$ 60 L: \$ 110

with tomato sauce, mozzarella, provolas basil, fried eggplants and parmesan



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# [ COURMET TRAYS ]

(trays serving size: 12" serve up to 13 – 16" serve up to 25)

### FRIED TO SHARE 12" (30) \$60 16" (60) \$90

- arancini
- potato croquettes
- fried mini mozzarella 🕖
- mini capri calzone
- eggplant meatballs
- mini pasta omelet 🕖
- served with tomato dip @

### COLD BITES 12" (30) \$80 16" (60) \$130

units in total assorted;

- caprese skewers
- pear wrapped in gorgonzola & speck
- truffle & mushrooms phyllo cups
- prosciutto & melon skewers
- savory mini cannoli with ricotta
   mousse and walnuts

## **ITALIAN COLD CUTS 12"** \$80 **16"** \$150

prosciutto, italian ham, speck, spicy & mild salami, mortadella & capocollo served with fresh fruit, walnuts, tomato cherry, mozzarella bocconcini, accompanied by olive pate', truffle cream, tomato spread & onion mustard

## 

grana padano and pecorino romano, cherry bocconcini, gorgonzola, brie' served with fresh, dried fruit, sun dried tomato, olives & accompanied by house made berry jam, honey, fig jam & orange jam

## 

cherry mozzarella, melon wrapped in prosciutto, mild & spicy salami, mortadella, italian ham, pecorino, grana padano, gorgonzola, brie, berry jam, onion mustard, truffle cream, olive pate'



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# [ COURMET TRAYS CONT'D ]

(trays serving size: 12" serve up to 13 – 16" serve up to 25)

CRUDITE' TRAY (\*) (\*) (\*) (\*) 12" \$40 16" \$70 cherry tomato, cauliflower, broccoli, red peppers, carrots sticks, celery sticks, cucumbers, 16 oz hummus

FRUIT TRAY (\*\*) (\*\*) (\*\*) 12" \$45 16" \$80 pineapple, strawberry, melon, honeydew, blueberry, kiwi, red grape, green grape, orange

# 

21/25 shrimps on a base of mixed green with lemon wedges served with a 16 oz bowl of Capri style cocktail sauce (red cocktail sauce available upon request)



### BREAD TRAY **12"** \$25 **16"** \$45

assorted focaccia, mini croissants, house made crostini, fancy crackers, baguette, mini ciabatta, whipped individual butter

## MISTO FROLLA TRAY (50) \$40 16" (100) \$75

tray of assorted crumbly shortcrust pastry biscuits, which includes: hazelnut and cocoa morsels, apricot scones, glazed pokers, two-colored squares, glazed hungarians, hazelnut and cocoa scones, cocoa pokers

CANNOLI TRAY (12") 2 12" (25) \$75 16" (50) \$145 mini chocolate coated cannoli

### MICRO DESSERTS TRAY (25) \$70 16" (50) \$135

- chocolate layer cake
- chocolate tart filled with pastry cream & berries
- · mini tiramisu'
- chocolate cups filled with chantilly cream
  & topped with raspberry
- cream puff topped with pastry cream topped with berries
- cream puff topped with white chocolate
   & filled with cream
- puffy pastry filled with cream



# [ HOLIDAY BOARDS ]

Start Your Holiday Dinner With Our Signature Boards

Our holiday boards are aesthetically prepared with care and attention to detail without confusing the taste, transporting your guests on a journey to discover combinations and pleasures of the palate.

All the boards will be decorated with holiday themed goods & decors.

- The boards will be delivered ready to be enjoyed.
- Pick up & delivery fee calculated by postal code.
  - For boards pick up security deposit required
- Disposable 5x6 palm leaf plates & bamboo forks available

# BOARDS SIZES

Big: 2 ft x 1.5 ft (15 / 20 People)

From: \$ 340

Giant: 3 ft x 2 ft ( 30 / 40 People )

From: \$ 680

Epic: 6 ft x 2.5 ft (60 / 80 People)

From: \$ 1360





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# [ HOLIDAY BOARDS CONT'D ]

\*All our bards are realized with imported products and served with: baguette, house made crostini, mini butter croissant, fancy crackers & focaccia bread

### **COLD CUTS EDEN**

mini caprese skewers, prosciutto, mortadella, italian ham, speck, spicy and mild salami, capocollo, accompanied by fresh fruit, grilled vegetables, olive, pickles, truffle cream, olive pate', onion mustard, and dried tomato cream

### **CHEESE DREAM** (\*\*)

caprese skewers, gorgonzola, pecorino romano, grana padano, french brie' & smoked provolone accompanied by fresh and dried fruits, raw vegetable, house made berry jam, orange jam, onion mustard & honey

### PARLATO'S SIGNATURE

caprese skewers, pecorino romano, grana padano, gorgonzola, speck, spicy and mild salami, capocollo, prosciutto, italian ham & mortadella all accompanied by tomato spread, truffle cream, orange jam, berry jam, fresh fruits

### **VEGETARIAN BOARD**

caprese skewers, grilled vegetables, olive, pickle, cherry mozzarella, grana padano, pecorino, gorgonzola, brie, sliced smoked provolone, truffle cream, onion mustard, dried tomato cream, olive pate, fresh & dry fruits (no nuts)

### **VEGAN BOARD (7)**

grilled vegetables, olive, pickle, marinated tofu's kewers, sun dried tomatoes, sliced vegan white cheese, sliced vegan old fort yellow cheddar, 2 types vegan cold cuts, hummus, raw seasonal vegetables & olive pate





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# [ HOT BITES ]

Price Per Unit Minimum Order For Type (12 Pieces)

For Stationary Appetizers Please Ask Our Sales Representative To Guide You On The Best Choices

### MINI MEATBALLS BITE \$4

in slow cook tomato sauce on tasting spoon

### 

marinate steak bite with tomato & mozzarella served on a skewer

## 

with tomato & mozzarella

### FRIED ARANCINI BITE ( \$3.5)

with Italian ham, grana padano & mozzarella

## FRIED POTATOES CROQUETTES \$ 4

with speck, mozzarella & parsley

## 

brown cremini risotto, mozzarella, parmesan garlic and parsley bi & parsley on a spoon with brie & truffle cream aioli & fresh parsley

## FRIED EGGPLANT MEATBALLS \$ 3.5

with smoked provolone cheese, basil & grana padano

### 

marinate on herbs & wine baked with red onions & bell peppers

## LAMB SPADUCCI ( ) ( ) \$ 4.5

grilled, served hot on a skillet on a bed of arugula

### BAKED MINI MARGHERITA PIZZA 🥏 👄 \$ 3.5

mozzarella, tomato, basil grana grated

### 

marinated in parsley, olive oil, garlic, lemon and grilled served on skillet

### **VEGAN POLENTA BITE (7) (2) (3) (5) (5) (5) (7**

with balsamic roasted cherry tomato topping & olive pate'

### CRAB CAKE BITE 🕣 🗣 \$ 4.5

panko breaded crab meat, potatoes, seasoning, garlic and parsley bites served on a spoon with aioli & fresh parsley.

## 

with red onions & parsley on berry sauce served in a tasting spoon

### CHICKEN PARMIGIANA BITE \$4.5

breaded chicken breast bite topped with tomato, mozzarella & basil served on a skewer



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# [ COLD BITES ]

Price Per Unit Minimum Order For Type (12 Pieces)

### 

marinate cherry mozzarella bocconcini, cherry tomato & fresh basil

# **VEGAN CAPRESE SKEWERS (7) (2) (3) (3) (5) (4) (5) (4) (5) (5) (6) (7)**

marinate tofu, cherry tomato & fresh basil

### 

filled with truffle cream & topped with portobello mushrooms

# **SAVORY VEGETARIAN CANNOLI 9 6 \$4.5**

with ricotta and arugula mousse, topped with walnuts

## 

tomato, red onions, oregano & basil

## PEAR WRAPPED \$4

slice of pear bosc in gorgonzola & speck

# PROSCIUTTO & MELON SKEWERS BITE \$\infty\$ a slice of prosciutto on a stick

## TUNA TARTARE \$4

marinate tuna chunks in micro phyllo cup

## 

brandy shrimps bite in 2 oz mini glass

## SALMON SAVORY CANNOLI \$ 4.5

with salmon mousse and topped with chives

### SALMON KETO BITES (\*) (-) \$ 3.5

smoked salmon, herbs, cream cheese, dill, on cucumber slice

### ROAST BEEF & FIG JAM CROSTINI @ \$4

baguette slice, topped with roast beef, herbs cream cheese, fig jam & arugula

## CRUDITÉ' BITE V 🕖 🕒 🕒 \$4

assorted seasonal raw vegetables in 2 oz glasses on a base with hummus





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# [ SUBSTANTIAL BITES ]

## GRILLED CHICKEN SLIDERS \$ 5

with mushrooms, smoked, provolone and lettuce

## **ROAST BEEF SLIDERS** $\bigcirc$ \$ 5

with tomato, lettuce & mayo

### **CHEESEBURGERS SLIDER** \$ 5

mini burger, melted cheese, lettuce, tomato, pickle, mayo, mustard, ketchup

### SPICY CRISPY CHICKEN SLIDER \$ 5.5

buttered chicken breast, spicy mayo, lettuce, tomato & pickles

## LAMB MINI BURGERS | \$ 6.5

lamb mini burger, arugula, tzatziki, red onions

### MINI PROSCIUTTO CROISSANT \$ 5.5

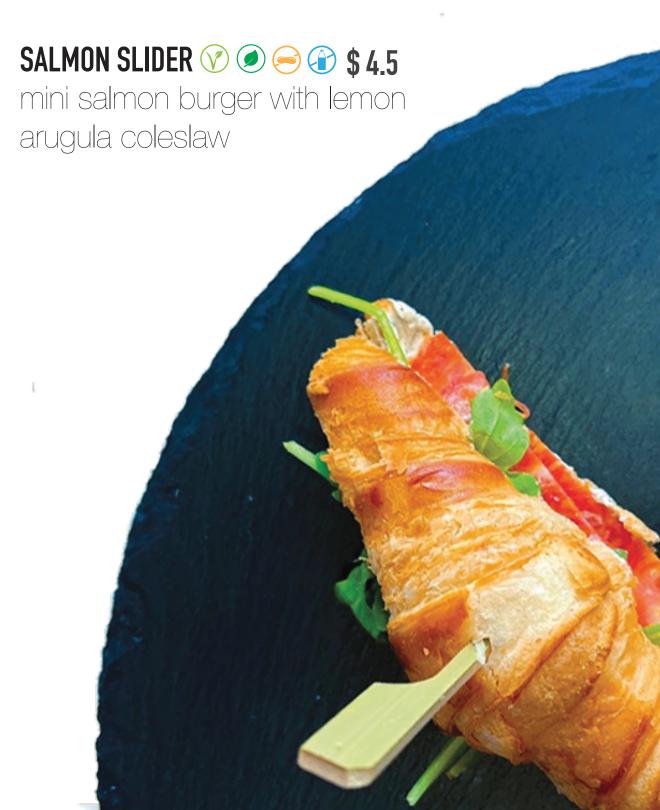
prosciutto, truffle cream, tomato, arugula

# MINI TURKEY CROISSANT \$ 5

smoked turkey, with tomato spread & grilled zucchini

### MINI SALMON CROISSANT \$ 6.5

with smoked salmon, cream cheese, red onions, cappers & arugula





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# [ PASTA BITES ]

## TOMATO GNOCCHI BITE 🕜 🥏 🤝 \$ 4





with tomato sauce, basil & parmesan

**GNOCCHI BOLOGNESE BITE 6** \$ 4.5

with meat bolognese sauce, basil & parmesan

### 





with tomato sauce, basil & parmesan (parmesan on side will be vegan)

## PENNE BOLOGNESE BITE 👄 \$ 4

with meat bolognese sauce, basil & parmesan

### GNOCCHI PARLATO'S BITE \$ 5.5

with signature truffle & brie cream, parmesan, fresh sage

## 

with signature truffle & brie cream, parmesan, fresh sage





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# [ MINI SWEETS ]

(minimum 10 units)

### SICILIAN CANNOLO \$3

tube-shaped shells of fried pastry dough, filled with a sweet sheep ricotta cheese cream

### CHEESECAKE \$4.5

mixture of soft, fresh cheese, eggs, and sugar on a base made from crushed cookies

### FRUIT TART \$5

made with a buttery shortbread crust, filled with chantilly cream, and topped with fresh fruit

### **CHOCOLATE TART \$5**

made with a buttery shortbread crust, filled with chocolate chantilly cream

# [ CUPCAKES ]

( minimum 12 units ) \$ 4 FLAVORS

carrot, chocolate hazelnut, red velvet, lemon blueberry, salted caramel, milk chocolate

### TIRAMISU' \$4

2 oz lady fingers dipped in coffee, and rum with a whipped mascarpone cream, topped with cocoa powder

### PANNA COTTA 🐠 \$ 5

2 oz sweetened cream thickened with gelatin topped with strawberry sauce

## **CHOCOLATE MOUSSE (4)** \$ 4.5

2 oz airy whipped egg whites, dark chocolate, butter topped with whipped cream

### **VEGAN /GF BROWNIE BITE \*\* \*\* \*\* \* 4.5**

chocolate vegan /gf brownie with chocolate drizzle





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# [ CAKES ]

6" (6-8 portions) \$ 70 8" (8-10 portions) \$ 90

### **CARROT CAKE**

carrot cake sponge filled with cream cheese, coated with butter cream topped with freshly chopped whole walnut drizzled with caramel sauce

### **ORANGE DARK CHOCOLATE**

fluffy and moist 4 layers of rich chocolate sponge cake filled with dark- chocolate ganache and candied orange peel, coated with dark-chocolate buttercream and dark chocolate glaze topped with shaved chocolate and candied orange

### **PISTACHIO CAKE**

fluffy and moist vanilla sponge cake filled with pistachio paste buttercream coated with pistachio buttercream topped with freshly roasted and grounded pistachio and freshly grounded pistachio and dusty pink buttercream topped with rose patel

### **MOCHA CAKE**

fluffy and moist 4 layers of rich chocolate sponge alternative with vanilla sponge cake filled with mocha buttercream coated with mocha flavor buttercream and drizzled with caramel sauce topped with dulce de leche caramel





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# [ CAKES CON'T ]

6" (6-8 portions) \$ 70 8" (8-10 portions) \$ 90

### **BLACK FOREST CAKE**

fluffy and moist 4 layers of rich chocolate sponge filled with deluxe cherry filling and fresh whipping cream thinly coated with fresh cream topped with fresh cherry and shaved dark chocolate.

### WHITE RASPBERRY CAKE

fluffy and moist vanilla sponge cake filled with white chocolate buttercream and fresh raspberry compote coated with buttercream wrapped with swiss white chocolate collar fresh raspberry.

### **LEMON BLUEBERRY**

fluffy and moist vanilla sponge cake filled with lemon cream and fresh blueberry compote coated with natural flavor lemon buttercream topped with fresh blueberry

### **HAZELNUT CAKE**

fluffy and moist 4 layers of rich chocolate cake filled with chocolate creamy hazelnut, nutella ganache and roasted hazelnut coated with hazelnut flavored buttercream drizzled with dark chocolate ganache topped with roasted whole hazelnut and hazelnut truffle





[FAQ]

### DO YOU OFFER FULL-SERVICE CATERING?

We are a full-service catering company. We can provide service, bar & kitchen staff as well as rentals coordination for any type of event or size.

### WHAT IS YOUR MINIMUM ORDER?

\$200.00 food spent before tax for deliveries Monday through Friday.

\$500.00 food spend per order for deliveries Saturday & Sunday.

### Full Service:

\$1000.00 food spent before tax for deliveries Monday through Friday.

\$1500.00 food spend per order for deliveries Saturday & Sunday.

### DID YOU OFFER A TASTING?

Tasting in promises from \$75 per guest + HST, Pick up tasting priced second choosed items prices. Tasting will have to be fully paid in advance maximum late 3 days before tasting date.

### WHEN IS THE MAXIMUM LATE I CAN ORDER?

Ideally at list 5 days before the order date, however we can accommodate simples' orders with a minimum order time of 48 hours.

### WHEN IS THE MAXIMUM TIME I CAN MAKE CHANGES TO MY EXISTING ORDER?

Food changes not later than 72 Hours slow season (January to April), High season From May to December not late then 10 days before event date. Changes to scheduled delivery time not late then week before the event. We will do our best to accommodate any change after the time allowed but we can't guarantee it will be possible.

### WHAT IS YOUR DELIVERY FEE?

Our Delivery fee is calculated by second postal code & charged by km depending on amount of food, service required & variants factors of the delivery location. We suggest calling or emailing our customer in order to confirm the delivery service at your location.



[FAQ]

### WHAT FORM OF PAYMENT DO YOU ACCEPT?

We accept major Credit cards – Transfer- certify cheque & EFT.

Visa & Mastercard 2.5% card processing fee & Amex 3.5 % Processing fee.

### ARE DISPOSABLES INCLUDED?

Disposable eco dinnerware sets will be charged an extra \$1.50 per guest. Service utensils \$1.5 to \$2 each

### DO YOU OFFER SET-UP?

We offer set-up service for a starting fee of \$60 for quick 30 minutes set-up, set-up fee can be as expensive as \$500 depending on size and complexity of the service, clean up fee will be calculated depending on time & location starting as well from \$60.

### **HOW CAN I BOOK MY CATERING SERVICE?**

To formally book the catering, you need to sign the contract at the end of your proposal & send a deposit. Small-medium orders 50% Deposit required & large orders over 10K 25% deposit required. Final payment is maximum late 5 days before the booked date.

No orders will be complete without full payment.

### WHAT IS YOUR CANCELLATION POLICY?

We need a minimum of 5 business days to process an order cancellation & postpone event on a new date. Client will decide what to do with prepared canceled orders.

# ORDER NOW ]

**2345 Wyecroft Rd, Unit 16, Oakville, ON, L6L6L8 905-465-2653** 





